



PROVINCIAL OUTREACH PROGRAM FOR FETAL ALCOHOL SPECTRUM DISORDER

FASD QUIZ for Students and Others

November, 2008

1. What does FASD stand for?

- a. Fetal Alcohol Syndrome Disorder
- b. Fetal Alcohol Spectrum Disorder
- c. Fetal Alcohol Sexual Dysfunction
- d. Fetal Alcohol Structural Defect

2. When is it most safe to drink alcohol during pregnancy?

- a. Third trimester
- b. First trimester
- c. Never
- d. Any time

3. Behavioural and thinking characteristics of a person living with FASD are:

- a. Experience hallucinations and have trouble sleeping
- b. Non-creative and difficulty handling money
- c. Compulsive lying and experience night terrors
- d. Difficulty with decision making, sleeping and forming relationships

4. If you choose to drink while pregnant, which form of alcohol would be the least damaging to the fetus?

- a. Hard liquor
- b. Beer
- c. Wine
- d. All are equally harmful

5. Which of the following is true?

- a. Alcohol passes freely through the placenta.
- b. Women who drink during pregnancy always give birth prematurely.
- c. By vomiting after drinking, women can lower the affects of alcohol on the fetus.
- d. Alcohol consumption can cause men to produce abnormal sperm which cause FASD.

6. Which is the most dangerous substance to the development of the fetus?

- a. Cocaine
- b. Cigarettes
- c. Alcohol
- d. Coffee

- 7. If a female is planning a pregnancy, when should she stop drinking?**
- Once she thinks she might be pregnant
 - Before she starts trying to get pregnant
 - Once her doctor confirms that she is pregnant
 - When she starts experiencing morning sickness
- 8. If a friend is drinking, and you know she is pregnant, or not taking birth control while sexually active, what should you do?**
- Ignore the situation
 - Drink with her
 - Advise her to see a nurse or family doctor
 - Stop seeing her as a friend
- 9. At secondary school, what may be the characteristics of someone diagnosed with a FASD?**
- Deformity of a limb
 - Obvious difficulty in math
 - Very coordinated in all areas
 - Difficulties with learning and behaviour
- 10. In the language of the world of FASD, what is the definition of a primary disability?**
- A condition that develops over time
 - A physical condition that requires accommodations such as a wheelchair or hearing aid
 - A functional deficit that is the result of a permanent brain injury
 - A feeling or behaviour that develops over a period of time

FASD QUIZ for Students and Others: Answer Key

1. b
2. c
3. d
4. d
5. a
6. c
7. b
8. c
9. d
10. c