



PROVINCIAL OUTREACH PROGRAM FOR FETAL ALCOHOL SPECTRUM DISORDER



FASD Online Resources for Parents, Caregivers and Others (Just A Little Sample...)

1. From the POPFASD website: www.fasdoutreach.ca

a. Video clips (also known as “eLearning modules”)

Target audience: educators and others

Link: www.fasdoutreach.ca/elearning/modules-guide/modules-guide

Titles: to view all the titles and descriptions of 30 short video clips on FASD, click on the link above

b. FREE print resources

Target audience: educators and others

Link: www.fasdoutreach.ca/teacher-resources/print-resources/print-resources

*Just click on the link above. The link opens... move your cursor down to the resource you want, and then click on the underlined title. A description of the resource opens. Move your cursor down and click on “**To download**”. You can save and/or print...*

Titles:

- Programming for Students with Special Needs Book 10: Teaching Students with Fetal Alcohol Spectrum Disorder
- Making a Difference: Working with Students who have FASD
- Reach to Teach: Educating Elementary and Middle School Children with FASD
- Talking about Special Education: Volume 2: Talking About FASD: An Information Handbook
- What Educators Need to Know About FASD: Working Together to Educate Children in Manitoba with FASD

c. FREE print resources

Target audience: parents/caregivers/persons living with FASD/service providers

Link: <http://www.fasdoutreach.ca/teacher-resources/print-resources/print-resources>

*Just click on the link above. The link opens... move your cursor down to the resource you want, and then click on the underlined title. A description of the resource opens. Move your cursor down and click on “**To download**”. You can save and/or print...*

Titles:

- Aboriginal Approaches: Fetal Alcohol Spectrum Disorder
- FASD Resources Toolkit Second Edition
- FASD Strategies, not Solutions
- FASD Toolkits for Aboriginal Families
- Redefining Success: A team approach to supporting students with FASD

d. Other helpful information:

- Glossary of FASD Terms
www.fasdoutreach.ca/glossary
- Acronyms – Education and Other - List
www.fasdoutreach.ca/educational-and-other-acronyms
- Conferences and Events
www.fasdoutreach.ca/fasd-events
- Calendar
www.fasdoutreach.ca/teacher-resources/calendar/eventcalendar

2. **Online CDBC Parent Discussion Board (April, 2010)**

This is an anonymous place where parents can come and talk to other parents about FASD, ADHD, and other behavioural issues that they may be experiencing while raising a child. You can share tips and stories and support other parents. You will need to take a couple of seconds to register a user name and password.

<http://cdbcsupport.proboards.com>

3. Other Website Links for Parents

- www.skfasnetwork.ca
 - Target group: parents and others
 - Many resources, short articles and “tips” for parents, caregivers and others
- www.fasdconnections.ca
 - Target group: adolescents and adults with FASD and their families and service providers
- www.whitecrowvillage.org
 - Target group: families and caregivers
 - includes a forum
- www.nofasard.org.au
 - Target group: parents, caregivers and others
 - from Australia!
- www.fascets.org
 - Target group: parents and others
 - materials and resources
- www.mcf.gov.bc.ca/fasd/kw_support.htm
 - Target group: parents and others
 - information about Key Workers and Parent Support

4. Online Videos:

Title: **Finding Hope** (2009)

Target Audience: Parents/professionals

Link: <http://www.knowledge.ca/program/fasd-finding-hope>

A one-hour documentary examining the challenging reality of families with young children who live with Fetal Alcohol Spectrum Disorder

Title: **Youtube** has many, many on-line videos for parents and caregivers.

Go to www.youtube.com and put “fasd, parents” in the search bar (without the double quotes). Click the Search button and....you will have a choice.

5. Online Presentations:

Title: **FASD Learning Series** (Alberta); topics range from employability skills to living with FASD to mental health issues to safe sexuality

Target Audience: parents and professionals

Link: <http://www.fasd-cmc.alberta.ca/education-training/archived-sessions/>

Title: **The FAS Center**; provides training, materials and resources and powerpoints

Target audience: general

Link: <http://www.fascenter.samhsa.gov>

20 “TIP” Sheets for Parents and Others:

[www.skfasnetwork.ca/Network Resources & Materials.html](http://www.skfasnetwork.ca/NetworkResources&Materials.html)

20 topics such as “Healthy and Safe Sexuality” to
“How You Can Help Your Children be Successful at Camp”